Published Citations of ADI’s CRP ELISA kit (see updated list at the web site)

Clifton PM 2005  International Journal of Obesity 29, 1445-1451  serum  
Manabe S 2005  Journal of Human Hypertension 19, 787-791  serum samples CRP  
Curick SE 2005  Am. J. Clinical Nutrition, 82; 406 - 412  
Athyros VG 2005  Metabol., 54, 1065-1074  CRP ELISA, serum  
Gogo PB 2005  Am. J. Cardiology, 96(4):538-42  CRP ELISA, serum  
Fischer CP 2005  Clinical Immunology 117, 152-160 CRP in EDTA-plasma  
Gonzalez F 2006  Metabolism 55, 271-276  Plasma samples CRP  
Hise ME 2006  Nutrition 22, 97-103  serum samples CRP  
Chen K 2006  Nature Medicine 12, 425-432  detection in culture medium?  
Iriga J 2006  American Journal of Hypertension, 19, 293-297  serum  
Yuen KCJ 2006  Clinical Endocrinology 64, Issue 5, Page 549-555 serum samples CRP  
C 2006  Clinical and Experimental Immunology 94-100, human serum.  
Peng N 2006  Atherosclerosis, 19, 292-298  VSMCs CRP in culture medium  
Goldfine AB 2006  J. Am. Coll. Cardiol. 47, 2456-2461  serum CRP  
Marcus GM 2007  Heart Rhythm, 5, 215-221 human serum CRP ELISA  
Carlson OD 2007  Metabolism, 56, 1444-1451 plasma CRP  
Inoue K 2007  Cardiovas. Pathol. 136-143  Serum CRP ELISA  
Kawahara Ko-ichi 2007  Cardiovascular Pathology, 17, 129-138 high sensitivity ELISA  
Pazirandeh S 2007  J Parenter Enteral Nutr.; 31: 511 - 516 high sensitivity ELISA  
Kawahara Ko-ichi 2008  Cardiovascular Pathology, 17, 129-138 hGRP ELISA  
Athyros V G 2009  Nutrition, Metabolism and Cardiovascular Diseases, In Press,  
Tulik H M F 2009  Metabolism, 58, 1709-1716 Human CRP ELISA Kit in blood.  
Ghanim H 2009  Diabetes Care, 32, 2281 - 2287 Plasma CRP levels  
Mikuls T 2009  International Immunopharmacology, 9, 38-42  C-reactive protein  
Elmarakby A 2010  Pharmacological Research, 62, 400-407  * 
Gonzalez F 2010  Cytokine, 51, 240-244 Plasma of female  

ELISA kits available from ADI (see details at the web site)  

#0010  Human Leptin  
#200-120-AGH  Human globular Adiponectin (gAcrp30)  
#0700  Human Sex Hormone Binding Glob (SHBG)  
#0900  Human IGF-Binding Protein 1 (IGFBP1)  
#100-110-RSH  Human Resistin /FIZZ3  
#100-140-ADH  Human Adiponectin (Acrp30)  
#1190  Human Serum Albumin  
#1200  Human Albumin (Urinary)  
#1750  Human IgG (total)  
#1760  Human IgM  
#1800  Human IgE  
#1810  Human Ferritin  
#1210  Human Growth Hormone (GH)  
#1600  Human Growth Hormone (GH)  
#0030  Human Insulin  
#0040  Human C-peptide  
#1850  Human Cortisol  
#1860  Human Progesterone  
#1865  Human Pregnenolone  
#1875  Human Aldosterone  
#1880  Human Testosterone  
#1885  Human free Testosterone  
#1910  Human Androstenedione  
#1920  Human Estradiol  
#1925  Human Estrone  
#1940  Dihydrotestosterone (DHT)  
#1950  Human DHEA-sulphate (DHEA-S)  

Instruction Manual No. M-1000  
Human C-Reactive Protein (CRP)  
ELISA KIT Cat. No. 1000  
For Quantitative Determination of CRP  
In Human Serum  
For In Vitro Research Use Only  

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Introduction

C-reactive protein (CRP) has been regarded as a acute phase reactant in serum. It consists of five single subunits, which noncovalently linked and assembled, as a cyclic pentamer with a mol. Wt. Range of 110-140 kDa. CRP has been found to be increased in serum of patients with a wide variety of diseases including infections by gram-positive and gram-negative bacteria, acute phase of rheumatoid arthritis, abdominal abscesses, inflammation of bile ducts (4), myocardial infarction, and malignant tumors. CRP may be found in patients with Guillain-Barre syndrome and multiple sclerosis, certain viral infections, tuberculosis, acute infectious hepatitis, many other necrotic and inflammatory diseases, burned patients, and after surgical trauma. Although the detection of elevated levels of CRP in the serum is not specific for any particular disease, it is useful indicator of inflammatory processes. CRP levels rise in serum within hours of the onset of inflammation, reach a peak during the acute stage and decrease with resolution of inflammation trauma. The detection of CRP is a more reliable and sensitive indicator of the inflammatory process than the erythrocyte sedimentation rate, which may also be influenced by physiological changes not associated with an inflammation process. Current quantification methods including latex agglutination, nephelometry, radial immunodiffusion have the general disadvantage accompany agglutination and precipitation techniques.

ADI’s CRP ELISA provides is a very specific and sensitive assay for CRP.

4. LINEARITY

Three different patient samples (with original CRP concentration of. 3662, 6120, 8800 ng/ml) were diluted (1:5, 1:25, and 1:50) with the assay buffer and their final CRP values determined. The samples showed excellent mean recoveries of about 94% (range 85-117%).

5. HIGH DOSE HOOK EFFECT

CRP concentrations of up to 160,000 ng/ml did not show any hook effect.

6. Correlative Study

The ADI’s CRP ELISA kits were compared with Beckman Array System by analyzing 48 patient samples values form 0.37-0.339 ug/ml. The regression analyses showed good correlation (0.933) between these two methods.

7. Expected Normal Values

As for all assays, each laboratory must establish its normal values or reference ranges. In one study, we established:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Boys</th>
<th>Girls</th>
<th>Combined</th>
</tr>
</thead>
<tbody>
<tr>
<td>17-87 yrs</td>
<td>73-63,680 ng/ml</td>
<td>34-39240 ng/ml</td>
<td>34-63680 ng/ml</td>
</tr>
<tr>
<td>2.5th percentile</td>
<td>132</td>
<td>139</td>
<td>135</td>
</tr>
<tr>
<td>50th percentile</td>
<td>1197</td>
<td>1033</td>
<td>1104</td>
</tr>
<tr>
<td>97.5th percentile</td>
<td>9710</td>
<td>6578</td>
<td>8910</td>
</tr>
</tbody>
</table>

8. Species reactivity

Human CRP kit has minimal crossreactivity with other species (mouse, rat, bovine etc). For this reason, ADI has developed CRP ELISA kits for rat (#1010), rabbit (#1020), rabbit (#1030), mouse (#1040), and monkey (#1050) CRP.
**WORKSHEET OF TYPICAL ASSAY**

<table>
<thead>
<tr>
<th>Wells</th>
<th>Stds/samples</th>
<th>Mean A$_{450 \text{ nm}}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1, A2</td>
<td>Std. A (0 ng/ml)</td>
<td>0.054</td>
</tr>
<tr>
<td>B1, B2</td>
<td>Std. B (100 ng/ml)</td>
<td>0.104</td>
</tr>
<tr>
<td>C1, C2</td>
<td>Std. C (400 ng/ml)</td>
<td>0.274</td>
</tr>
<tr>
<td>D1, D2</td>
<td>Std. D (1000 ng/ml)</td>
<td>0.620</td>
</tr>
<tr>
<td>E1, E2</td>
<td>Std. E (4000 ng/ml)</td>
<td>1.929</td>
</tr>
<tr>
<td>F1, F2</td>
<td>Std. F (10,000 ng/ml)</td>
<td>2.828</td>
</tr>
<tr>
<td>G1, G2</td>
<td>Sample 1</td>
<td>1.042</td>
</tr>
</tbody>
</table>

NOTE: These data are for demonstration purpose only. A complete standard curve must be run in every assay to determine sample values. Each laboratory should determine their own normal reference values.

A typical std. assay curve (do not use this for calculating sample values)

**CALCULATION OF RESULTS**

Calculate the mean absorbance for each duplicate. Subtract the absorbance of the zero standard from the mean absorbance values of standards, control, and samples. Draw the standard curve on log-log graph paper by plotting net absorbance values of standards against appropriate CRP concentrations. Read off the CRP concentrations of the control and patient samples directly from the standard curve. **DO NOT MULTIPLY THE SMAPLES VALUES BY 1:20 AS THIS HAS ALREADY BEEN TAKEN INTO ACCOUNT OF THE STNADARDS.** If samples were diluted more than 1:20 then the values should be multiplied by the dilution factor. Examples: A sample was diluted 1:40 then this values should be multiplied by 1:2 or a sample that was diluted 1:100 then the values be multiplied by 1:5.

For easy calculations, It is possible to re-state the values of the standards (1/20$^{th}$ of what is on the vial (e.g, 0, 20, 80, 200, 500 ng/ml) and apply dilution factor of the samples.

If ELISA reader software is being used, we recommend 4-paramter or 5-parameter curve. Sample dilution should be as explained above.

**PRINCIPLE OF THE TEST**

Human CRP ELISA kit is based on simultaneous binding of human CRP from samples to two antibodies, one immobilized on the microtiter well plates, and other conjugated to the enzyme horseradish peroxidase. After a washing step, chromogenic substrate is added and colors developed. The enzymatic reaction (color) is directly proportional to the amount of CRP present in the sample. Adding stopping solution terminates the reaction. Absorbance is then measured on a microliter well ELISA reader at 450 nm. and the concentration of CRP in samples and control is read off the standard curve.

**MATERIALS AND EQUIPMENT REQUIRED**

Adjustable micropipet (5-1000 ul) and multichannel pipet with disposable plastic tips. Reagent troughs, plate washer (recommended) and ELISA plates Reader.

**PRECAUTIONS AND SAFETY INSTRUCTIONS**

ADI CRP ELISA kit is intended for in vitro research use only. The reagents contain proclin-100 (0.1%) as preservative; necessary care should be taken when disposing solutions. The stds./controls sera contain human serum that has been shown to be negative for HbsAg, HCV, and HIV antibodies. Nevertheless, such tests are unable to prove the complete absence of viruses, therefore, sera should be handled at biosafety level 2, as recommended for any potentially infectious human serum or blood specimen in the CDC/NIH Manual, “Biosafety in microbiological and biomedical laboratories, 1984”.

Applicable MSDS, if not already on file, for the following reagents can be obtained from ADI or the web site.

TMB (substrate), H2SO4 (stop solution), and Prolcin-300 (0.1% v/v in standards, sample diluent and HRP-conjugates). All waste material should be properly disinfected before disposal. Avoid contact with the stop solution (1N sulfuric acid).

**SPECIMEN COLLECTION AND HANDLING**

Collect blood by venipuncture, allow clotting, and separating the serum by centrifugation at room temperature. Do not heat inactivate the serum.. Do not add azide or other preservatives. If sera cannot be immediately assayed, these could be stored at -20°C for up to six months. Avoid repeated freezing and thawing of samples. No preservatives should be added to the serum. This kit has not been optimized for plasma, urine, or saliva culture medium. Users must optimized the assa.

**REAGENTS PREPARATION FOR THE ASSAY**

Dilute wash buffer (1:10) with distilled water (10 ml stock in 450 ml). Store at 4oC.

Samples. Before use, dilute 1:20 with Std A (10 ul sample in 190 ul of Std A).. It is possible to take less for dilution, but it may increase error. It is possible to use, normal saline or PBS for sample dilution if larger volumes of samples are taken for dilution or if more sample diluent is required.

Dilute enzyme conjugate 1:80 (eg; 25 ul of HRP in 2 ml assay buffer). For whole plate, take 150 ul conjugate in 12 ml of assay buffer.
STORAGE AND STABILITY

The microtiter well plate and all other reagents, if unopened, are stable at 2-8°C until the expiration date printed on the label. The whole kit stability is at least 6 months from the date of shipping under appropriate storage conditions. After opening the kit components, the shelf life is approx. 2 months.

TEST PROCEDURE (ALLOW ALL REAGENTS TO REACH ROOM TEMPERATURE BEFORE USE).

Remove required number of coated strips and arrange them on the plate. Store unused strips in the bag. Dilute wash buffer 1:10 with water. Dilute HRP conjugate 1:80 in assay buffer. Label or mark the microtiter well strips to be used on the plate.

1. Dilute serum samples 1:20 using std A or sample diluent. Do not dilute standards or controls. Pipet 20 ul stds and diluted samples into appropriate wells.

2. Note: for ease of loading samples it is recommended that a second uncoated microwell plate should be used for sample dilution. This enables standards or samples to be transferred quickly to the ELISA plate using multichannel pipet.

3. Pipet 200 ul assay buffer into each well using multichannel pipette. Cover the plate and incubate on a plate shaker (approx. 200 rpm) for 30 minutes at room temperature. Failure to shake the plate will reduce the color development.

4. Aspirate and wash the wells 3 times with wash buffer (300 ul/well/wash). We recommend using an automated ELISA plate washer for better consistency. Failure to wash the wells properly will lead to high blank or zero values. If washing manually, plate must be tapped over paper towel between washings to ensure proper washing.

5. Pipet 100 ul of diluted Ab-enzyme conjugate into each well. Mix gently for 5-10 seconds. Cover the plate and incubate on a plate shaker (approx. 200 rpm) for 15 minutes at room temperature.

6. Aspirate and wash the wells 3 times with wash buffer (same as in step 4).

7. Dispense 100 ul TMB substrate solution per well. Mix gently. Cover the plate and incubate on a plate shaker for 15 minutes at room temp. incubation time may be + 5 min so as to get maximum A450 =<3.00). Blue color develops in standards and positive wells.

8. Stop the reaction by adding 50 ul of stop solution to all wells at the same timed intervals as in step 8. Mix gently for 5-10 seconds to make ensure even color distribution. Blue color turns yellow.

9. Measure the absorbance at 450 nm using an ELISA reader. Color is stable for at least 1 hr after stopping.

NOTES: Read instructions carefully before the assay. Do not allow reagents to dry on the wells. Careful aspiration of the washing solution is essential for good assay precision. Since timing of the incubation steps is important to the performance of the assay, pipet the samples without interruption and it should not exceed 5 minutes to avoid assay drift. If more than one plate is being used in one run, it is recommended to include a standard curve on each plate. The unused strips should be stored in a sealed bag at 4°C. Addition of the HRP substrate solution starts a kinetic reaction, which is terminated by dispensing the stopping solution. Therefore, keep the incubation time for each wells the same by adding the reagents in identical sequence. Do not touch the bottom of the wells.

DILUTION OF SAMPLES

Our recommended dilution of the samples is 1:20 that should bring most samples within the detection range. Samples containing CRP more than highest standards (10,000 ng/ml CRP) should be diluted further beyond the initial dilution of 1:20 (e.g., 1:20 samples diluted another 1:5 or a total of 1:100). The results obtained should be multiplied by the appropriate 2nd dilution factor, i.e 1:5. It is possible to use, normal saline or PBS for sample dilution if larger volumes of samples are taken for dilution or if more sample diluent is required.

QUALITY CONTROL

Standards and controls must perform as stated in the manual. If controls are out of range then the test must be repeated.

SPECIFICITY

The specificity of CRP ELISA kit was determined by measuring interference from high concentrations of various relevant compounds. There was no appreciable interference from high concentration of albumin of IgG.

PERFORMANCE CHARACTERISTICS

1. DETECTION LIMIT: Based on sixteen replicate determinations of the zero standard, the minimum CRP concentration detectable using this assay is 10 ng/ml. The detection limit is defined as the value deviating by 2 SD from the zero standard.

2. PRECISION

   Intra-assay precision: Three serum samples (mean CRP concentrations 205.8, 769.2, 8437.8 ng/ml) were run in 10 replicates. The samples showed good intra-assay precision with %CV of 12, 5, and 6.3, respectively.

   Inter-assay precision: Three serum samples (227, 1022.2, 8791.8 ng/ml) were run in duplicate in sixteen independent assays. The samples showed good inter-assay precision (9.9, 9.5, and 7.8% CV).

3. RECOVERY-A known amount of hCRP was added to three patient sera (with original CRP concentrations of 263, 760, 5546 ng/ml) and the total CRP concentration measured. The assay showed excellent mean recoveries of about 94% (range 92-115%).