Importance of Microcystins/Nodularins Determination

Most of the world’s population relies on surface freshwaters as its primary source for drinking water. The drinking water industry is constantly challenged with surface water contaminants that must be removed to protect human health. Toxic cyanobacterial blooms are an emerging issue worldwide due to increased source water nutrient pollution caused by eutrophication. Microcystins and Nodularins are cyclic toxic peptides. Microcystins (of which there are many structural variants, or congeners) have been found in fresh water throughout the world. To date, approximately 80 variants of Microcystin have been isolated. The most common variant is Microcystin-LR. Other common Microcystin variants include YR, RR, and LW. These toxins are produced by many species of cyanobacteria (blue-green algae), including Microcystis, Anabaena, Oscillatoria, Aphanizomenon, and terrestrial Hapalosiphon. Nodularins are produced by the genus Nodularia and are found in marine and brackish water.

Acute poisoning of humans and animals constitutes the most obvious problem from toxic cyanobacterial blooms, and in several cases has lead to death. Human and animal exposure to these toxins occurs most frequently through ingestion of water, through drinking or during recreational activities in which water is swallowed. These toxins mediate their toxicity by inhibiting liver function and are potent inhibitors of the serine/threonine protein phosphatases, and therefore may act as tumor promoters.

To protect consumers from adverse health effects caused by these toxins, the World Health Organization (WHO) has proposed a provisional upper limit for Microcystin-LR of 1.0 ppb (μg/L) in drinking water.

Performance Data

- **Test sensitivity:** The detection limit for this assay, based on MC-LR, is 0.10 ppb (μg/L).
- **Test reproducibility:** Coefficients of variation (CVs) for standards: <10%, for samples: <15%.
- **Selectivity:** The assay exhibits very good cross-reactivity with all cyanobacterial cyclic peptide toxin congeners tested to date (see Specificity table below).

### Specificity

<table>
<thead>
<tr>
<th>Compound</th>
<th>(% cross-reactivity)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microcystin-LR</td>
<td>100</td>
</tr>
<tr>
<td>Microcystin-YR</td>
<td>95</td>
</tr>
<tr>
<td>Microcystin-RR</td>
<td>80</td>
</tr>
</tbody>
</table>

The cross-reactivity of the Abraxis Microcystins (ADDA)-DM ELISA for various Microcystins congeners:

<table>
<thead>
<tr>
<th>Compound</th>
<th>B/Bo (% )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microcystin-LR</td>
<td>1.0</td>
</tr>
<tr>
<td>Microcystin-YR</td>
<td>0.95</td>
</tr>
<tr>
<td>Microcystin-RR</td>
<td>0.90</td>
</tr>
</tbody>
</table>

Samples Recoveries and Assay Precision:

#### Recovery

Four (4) groundwater samples were spiked with various levels of Microcystin-LR and assayed using the Abraxis Microcystins (ADDA)-DM Assay:

<table>
<thead>
<tr>
<th>Spike Level (ppb)</th>
<th>Mean (ppb)</th>
<th>Std Dev. (ppb)</th>
<th>Recovery (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.25</td>
<td>0.237</td>
<td>0.019</td>
<td>90</td>
</tr>
<tr>
<td>0.50</td>
<td>0.480</td>
<td>0.036</td>
<td>96</td>
</tr>
<tr>
<td>1.00</td>
<td>0.859</td>
<td>0.024</td>
<td>98</td>
</tr>
</tbody>
</table>

#### Precision

<table>
<thead>
<tr>
<th>Replicates</th>
<th>Days</th>
<th>Mean (ppb)</th>
<th>CV (within)</th>
<th>CV (between)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>3</td>
<td>15</td>
<td>15</td>
<td>15</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>0.25</td>
<td>2.9</td>
<td>4.0</td>
</tr>
</tbody>
</table>

Samples: Sample correlation between the ELISA and HPLC showed a good correlation.

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Microcystins (ADDA)-DM ELISA (Microtiter Plate)
Enzyme-Linked Immunosorbent Assay for the Determination of Microcystins and Nodularins in Water Samples

Product No. 522015

1. **General Description**

The Abraxis Microcystins (ADDA)-DM (direct monodonal) ELISA is an immunoassay for the quantitative and sensitive detection of Microcystins and Nodularins in water samples. This test is suitable for the quantitative and/or qualitative detection of Microcystins and Nodularins in water samples [please refer to the appropriate technical bulletins for sample collection, handling, and treatment of drinking (treated and untreated) and recreational water samples]. If necessary, positive samples can be confirmed by HPLC, protein phosphatase assay, or other conventional methods.

2. **Safety Instructions**

The standard solutions in the test kit contain small amounts of Microcystins. The substrate solution contains tetramethylbenzidine (TMB) and the stop solution contains diluted sulfuric acid. Avoid contact of the TMB and stopping solution with skin and mucous membranes. If these reagents come in contact with skin, wash with water.

3. **Storage and Stability**

The Microcystins (ADDA)-DM ELISA kit should be stored in the refrigerator (4-8°C). The solutions must be allowed to reach room temperature (20-25°C) before use. Reagents may be used until the expiration date on the box. Consult state, local, and federal regulations for proper disposal of all reagents.

4. **Test Principle**

The test is a direct competitive ELISA for the detection of Microcystins and Nodularins. The substrate solution contains tetramethylbenzidine (TMB) and the stop solution contains diluted sulfuric acid. Avoid contact of the TMB and stopping solution with skin and mucous membranes. If these reagents come in contact with skin, wash with water.

5. **Limitations of the Microcystins (ADDA)-DM ELISA, Possible Test Interference**

Numerous organic and inorganic compounds commonly found in water samples have been tested and found not to interfere with this test. However, due to the high variability of compounds that might be found in water samples, test interferences caused by matrix effects cannot be completely excluded.

The presence of the following substances were found to have no significant effect on the Microcystins (ADDA)-DM assay results: calcium sulfate, magnesium sulfate, sodium chloride, magnesium chloride, sodium nitrate, potassium phosphate, calcium chloride, manganese sulfate, and aluminum oxide up to 10,000 ppb; copper chloride, sodium fluoride, sodium thiosulfate, ferric sulfate, and zinc sulfate up to 1,000 ppm; humic acid up to 10 ppm; Lugol’s solution up to 0.01%.

Samples containing methanol must be diluted to a concentration ≤ 20% methanol to avoid matrix effects.

Seawater samples must also be diluted to a concentration ≤ 20% to avoid matrix effects. Alternately, if a lower detection limit is required, interfering compounds can be removed from seawater or brackish water samples prior to analysis. Please see the Microcystins in Brackish Water or Seawater Sample Preparation for the Microcystins (ADDA)-DM ELISA Technical Bulletin (available upon request).

No matrix effects have been observed with samples which have been treated with sodium thiosulfate at concentrations ≤ 1 mg/mL or ascorbic acid at concentrations ≤ 0.1 mg/mL.

Mistakes in handling the test can cause errors. Possible sources for such errors can include: inadequate storage conditions of the test kit, incorrect pipetting sequence or inaccurate volumes of the reagents, too long or too short incubation times during the immune and/or substrate reaction, extreme temperatures during the test performance (lower than 10°C or higher than 30°C). The assay procedure should be performed away from direct sunlight.

As with any analytical technique (GC, HPLC, etc.), positive results requiring regulatory action should be confirmed by an alternative method.
A. Materials Provided
1. Microtiter plate (12 X 8 strips) coated with a second antibody (goat anti-mouse)
2. Standards (0): 0.0, 0.15, 0.40, 1.0, 2.0, 5.0 ppb
3. Control: 0.75 ± 0.185 ppb, prepared from a secondary source, for use as a Quality Control Standard (QCS)
4. Sample Diluent, 25 mL, for use as a Laboratory Reagent Blank (LRB) and for dilution of samples above the range of the standard curve
5. Microcystins-HRP Conjugate Solution, 6 mL
6. Microcystins-OM Antibody Solution (monoclonal anti-Microcystins), 6 mL
7. Wash Solution (5X Concentrate), 100 mL, must be diluted prior to use, see Test Preparation (Section E)
8. Substrate (Color) Solution (TMB), 16 mL
9. Stop Solution, 12 mL

B. Additional Materials (not delivered with the test kit)
1. Micro-pipettes with disposable plastic tips (20-200 µL)
2. Multi-channel pipette (50-300 µL), stepper pipette (50-300 µL), or electronic repeating pipette with disposable plastic tips
3. Deionized or distilled water
4. Paper towels or equivalent absorbent material
5. Timer
6. Tape or parafilm
7. Microtiter plate reader (wavelength 450 nm)
8. Microtiter plate washer (optional)

C. Sample Collection and Handling
Collect water samples in glass or PETG containers and test within 24 hours. Use of other types of plastic containers may result in adsorptive loss of Microcystins, producing inaccurate (false low) results. Drinking water samples should be treated with sodium thiosulfate immediately after collection (refer to appropriate technical bulletin). If samples must be held for longer periods (up to 5 days), samples should be stored refrigerated. For storage periods greater than 5 days, samples should be stored frozen.

If total Microcystins concentration (free and cell bound) is required, an appropriate cell lysing procedure (freeze and thaw, sonication, QuikLyse™, etc.) must be performed prior to analysis. Note: The use of sonication in cell lysing can negatively affect toxin concentrations, producing falsely low sample results. Please see the appropriate sample preparation technical bulletin for additional information on cell lysis.

Samples may be filtered prior to analysis using glass fiber filters (Environmental Express 1.2 µm syringe filters (Environmental Express part number 5F012G are recommended). If determining total Microcystins concentration, samples should be lysed prior to filtration to prevent the removal of cell-bound Microcystins, which would cause inaccurate (false low) results. Notes: The use of alternate filter types (non-glass fiber filters) may produce falsely low sample results, as Microcystins may bind to the filter material, removing it from the sample.

D. Notes and Precautions
Micro-pipetting equipment and pipette tips for pipetting the standards and samples are necessary.

The use of a multi-channel pipette, stepping pipette, or electronic repeating pipette is recommended for the addition of the antibody, enzyme conjugate, substrate, and stop solutions in order to equalize the incubation periods on the entire microtiter plate.

To avoid drift and obtain accurate results, the addition of the antibody, color, and stop solutions should be performed in less than 2 minutes for each reagent. If additions to the entire microtiter plate cannot be completed in less than 2 minutes, run size should be decreased to the number of rows which can be pipetted in less than 2 minutes.

Please only use the reagents and standards from one kit lot in one test, as they have been adjusted in combination.

E. Test Preparation
1. Allow the reagents and samples to reach ambient temperature before use.
2. Remove the number of microtiter plate strips required from the resealable pouch. The remaining strips are stored in the pouch with the desiccant (tightly closed).
3. The standards, control, sample diluent (LRB), enzyme conjugate, antibody, substrate, and stop solutions are ready to use and do not require any further dilutions.
4. Dilute the Wash Solution (5X) Concentrate at a ratio of 1:5 with deionized or distilled water. If using the entire bottle (100 mL), add to 400 mL of deionized or distilled water and mix thoroughly.

F. Working Scheme
The microtiter plate consists of 12 strips of 8 wells, which can be used individually for the test. The standards must be run with each test. Never use the values of standards which have been determined in a test performed previously.

Std0-Sd5: Standards
Contr.: Control
Samp1, Samp2, etc.: Samples

G. Assay Procedure
1. Add 100 µL of the standard solutions, control, or samples into the wells of the test strips according to the working scheme given. Analysis in duplicate or triplicate is recommended.
2. Add 50 µL of the enzyme conjugate solution to the individual wells successively using a multi-channel pipette or a stepping pipette.
3. Add 50 µL of the antibody solution to the individual wells successively using a multi-channel pipette or a stepping pipette. Cover the wells with parafilm or tape and mix the contents by moving the strip holder in a circular motion on the benchtop for 30 seconds. Be careful not to spill the contents. Incubate the strips for 90 minutes at room temperature.
4. Remove the covering and decant the contents of the wells into a sink. Wash the strips three times using the 1X wash buffer solution. Please use at least a volume of 250 µL of wash buffer for each well and each washing step. Remaining buffer in the wells should be removed by patting the plate dry on a stack of paper towels.
5. Add 150 µL of substrate (color) solution to the individual wells successively using a multi-channel pipette or a stepping pipette. Cover the wells with parafilm or tape and mix the contents by moving the strip holder in a circular motion on the benchtop for 30 seconds. Be careful not to spill the contents. Incubate the strips for 20-30 minutes at room temperature. Protect the strips from sunlight.
6. Add 100 µL of stop solution to the wells in the same sequence as for the substrate (color) solution using a multi-channel pipette or a stepping pipette.
7. Read the absorbance at 450 nm using a microplate ELISA photometer within 15 minutes after the addition of the stopping solution.

H. Evaluation
The evaluation of the ELISA can be performed using commercial ELISA evaluation programs such as 4-Parameter (preferred) or Logit/Log. For a manual evaluation, calculate the mean absorbance value for each of the standards. Calculate the %B/B₀ for each standard by dividing the mean absorbance value of each standard by the Zero Standard (Standard 0) mean absorbance. Construct a standard curve by plotting the %B/B₀ for each standard on a vertical linear (y) axis versus the corresponding Microcystins concentration on the horizontal logarithmic (x) axis on graph paper. %B/B₀ for the control and samples will then yield levels in ppb of Microcystins by interpolation using the standard curve. Results can also be determined using a spreadsheet macro available from Abaxis upon request.

The concentrations of the samples are determined using the standard curve run with each test. Samples showing a lower concentration of Microcystins than standard 1 (0.15 ppb) should be reported as containing < 0.15 ppb of Microcystins. Samples showing a higher concentration than standard 5 (5.0 ppb) must be diluted to obtain accurate results. The concentration of the positive control provided should be 0.75 ± 0.185 ppb.

Semi-quantitative results can be derived by simple comparison of the sample absorbances to the absorbances of the calibrators. Samples with lower absorbances than a calibrator will have concentrations of Microcystins greater than that calibrator. Samples which have higher absorbances than a calibrator will have concentrations of Microcystins less than that calibrator.

I. References